



Family Hubs a delivery vehicle for Early Help

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Family Hubs: supporting families to thrive, not just survive



- Family Hubs provide a whole family early intervention offer led through **locality based Integrated Leadership Teams**.
- Family Hubs bring together all of our Early Help services including those from across **statutory, health and Voluntary Community Sector services**.
- They offer support to families with a range of **complex needs wherever they present**.
- The opportunity for family hubs to be at the heart of newly developing **Integrated Neighbourhood Teams (INTs)**.
- Partnership working strengthens **joint priority setting, delivery and joint monitoring of outcomes**.
- It takes a village to bring up a child.

Our network of Early Help Services

- Midwifery, Health visiting & School nursing
- CAMHS, youth mental health workers, IAPT counselling and Peri-natal mental health
- Healthy cooking

- Citizens advice
- Benefit advice
- Housing advice
- Digital inclusion

Health Services



Social Care Services



- Parenting support and programmes
- Social work teams
- Evidence based family interventions



Financial and Housing Support



Play, Activities and Education



- Universal stay and play offer
- Singing and rhyme
- Reading activities
- Holiday Activity Food Programme
- Youth hubs

Family Health Navigators: Case Study

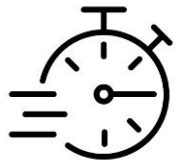


AIM: To address health inequalities and social determinants of good health including better early life skills/school readiness.



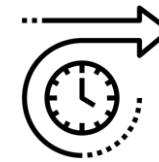
WHAT WE DID

- ↓ **Identifying:** Data shared and triangulated from GP federation, social care and family hub records to identify children under five living in 20% most deprived postcodes = 820 families identified.
- ↓ **Contacting:** Three family health navigators employed by the local authority, located in the family hubs which are situated in the areas of highest deprivation to proactively reach out to each family
- ↓ **Connecting:** Linking families to services and supporting access



SHORT TERM IMPACTS

- 94 children not registered with a dentist - help was offered to register and attend an appointment
- 121 children with a concern around oral health received specific advice
- 49 children supported to access immunisations
- 46 children identified with speech & language concerns and were given appropriate advice and sign-posting, including referrals where needed
- Concerns around healthy weight were discussed with families of 40 children, and the relevant health visitors were alerted.



LONGER TERM IMPACTS SO FAR...

- A&E attendances show a less steep increase in A&E attendances for this cohort compared to the rest of the 0-5 population.
- Health visiting data showed that those families referred back to health visiting having missed health reviews had then kept appointments and been seen

Prioritising play

"The benefits of play are innumerable. Play is an important part of a child's development. It supports young people's mental and physical health and enhances their creativity and helps them learn new things. It also helps them to develop social relationships and to see themselves as part of their local community. "

Dame Rachel de Souza, Children's Commissioner for England

Play England's new 10 year Strategy

- **Play deprivation** becoming prevalent
- Infrastructure of play is being eroded
- Impacting on vital developmental opportunity
- Effects of play deprivation impacting disproportionately

Our local play landscape:

- Stay and Play/ Drop ins at Family Hubs and Community settings
- Community Adventure Play
- Games Library



What we do now impacts on what we see in 5 years time...

We have developed **whole system approaches to SLCN, EWMH and school readiness** through a range of initiatives and strengthened joint working. We've also prioritised increasing the take up of free childcare and strengthened our school inclusion services.



Our whole system approach to speech and language is already showing externally validated evidence of success. Parent Child Plus initiative has shown improvements in communication (69%) and satisfaction with parenting (62%).



We are building on this through evaluations of a wider range of services including our confident communicators programme for KS1. Our EHCP rises are now below national and London averages.



Our whole system offer continues to evolve with strong engagement with our families to bring provision into a wider range of community settings. Our cultural competence and social graces work is showing evidence of increase uptake from under represented communities and tailored interventions.

Some of the challenges in building our evidence base



Invest to save ethos – needing to demonstrate cashable savings



Measuring multi-intervention, partnership wide intervention over the longer term



Shared data – e.g. new birth data, when made available, allows us to invite every single new family to our Family Hubs



Different geographical boundaries – schools, health, LA, Police



Developing the same language



Moving from individual data outcomes to demonstrating system level outcomes, e.g. sustained educational outcome, reduced EHCP increases