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# What is the London Young People Study?

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# The London Young People Study (LYPS)



**The London Young People Study is the research study that evaluates the impact of *Your Choice* across London**

- *Your Choice* provides training in CBT techniques to youth practitioners working with young people aged 11-18 at elevated risk of contextual harm
- This study aims to understand whether *Your Choice* helps to improve young people's outcomes relative to Business As Usual support

# Organisations involved



# Organisations involved

Funder



# Organisations involved

Funder



Project team

Programme design, development and implementation

Programme management, oversight and commissioning

# Organisations involved



Funder



Project team

Evaluation team

Programme design, development and implementation

Programme management, oversight and commissioning

Overall lead and quantitative evaluation

Qualitative evaluation



Together for London's Children



MAYOR OF LONDON  
VIOLENCE REDUCTION UNIT



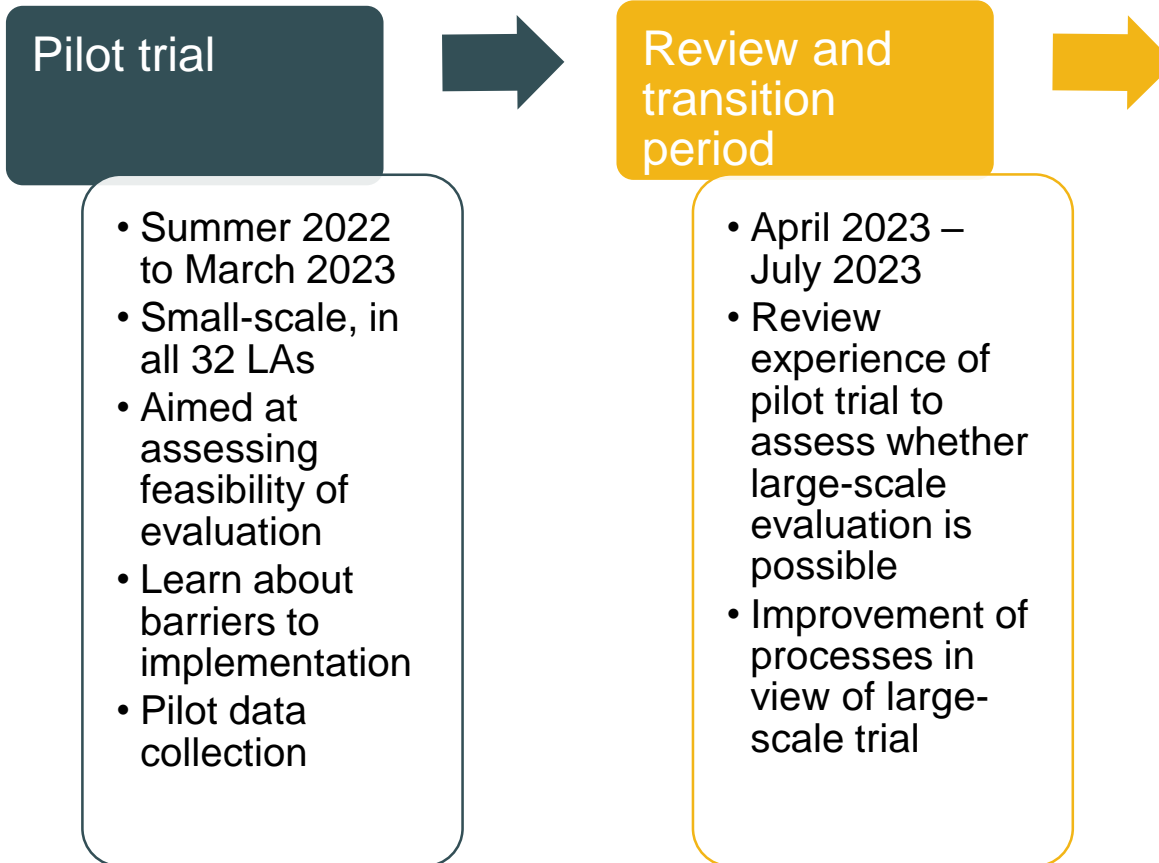
# Progress made so far

## Pilot trial



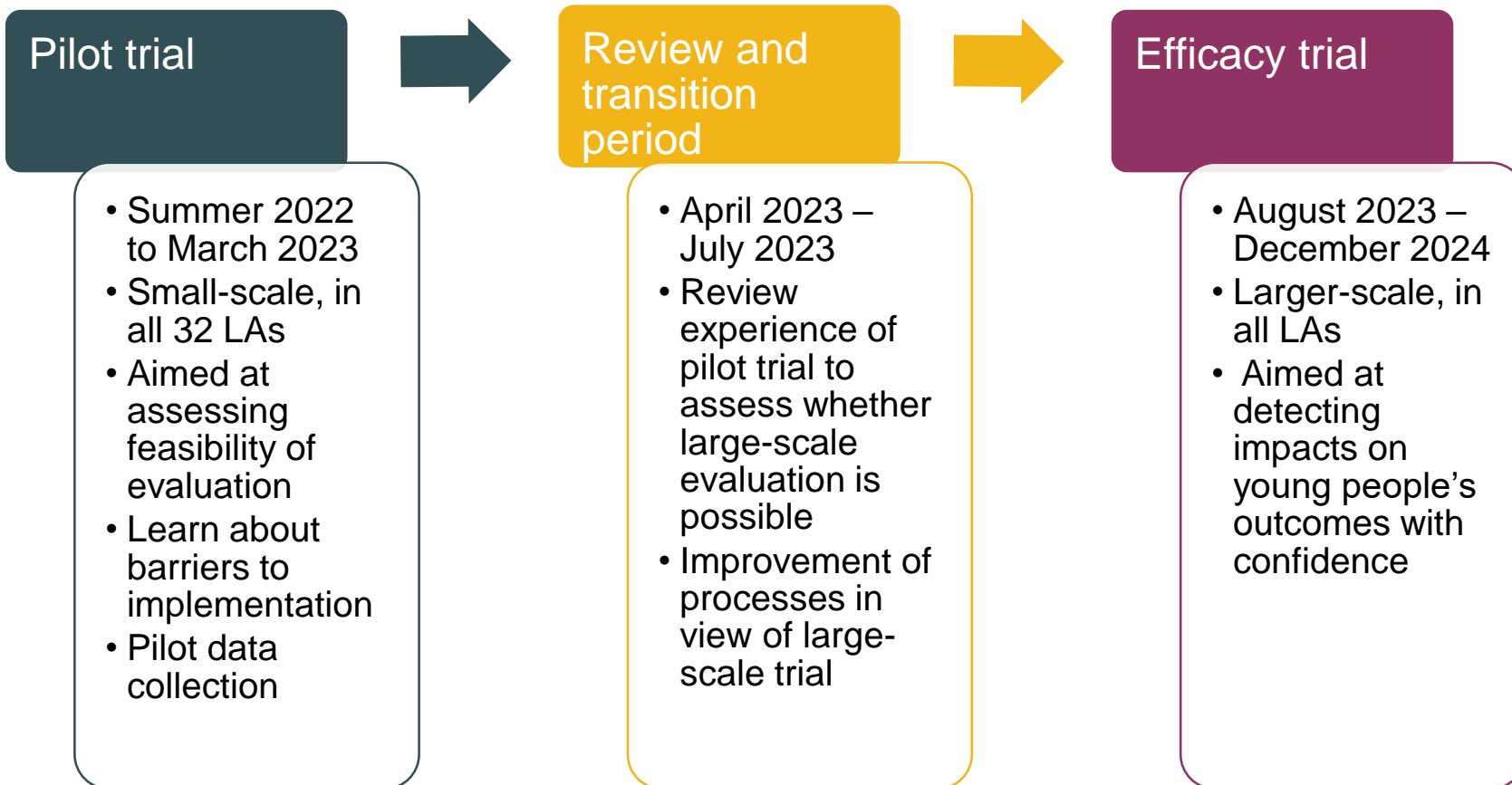
- Summer 2022 to March 2023
- Small-scale, in all 32 LAs
- Aimed at assessing feasibility of evaluation
- Learn about barriers to implementation
- Pilot data collection

# Progress made so far





# Progress made so far



# How can we evaluate the impact of *Your Choice*?

To evaluate the impact of *Your Choice*, we need to compare the outcomes of **two groups of young people** with each other

## Treated Group

Young people who receive *Your Choice*

## Control Group

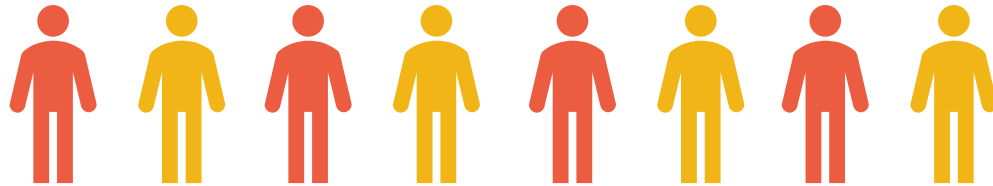
Young people who receive *Business As Usual* support

→ We need **data on both groups**

→ Both groups need to be **as similar to each other as possible** when entering the study

# How is the trial designed?

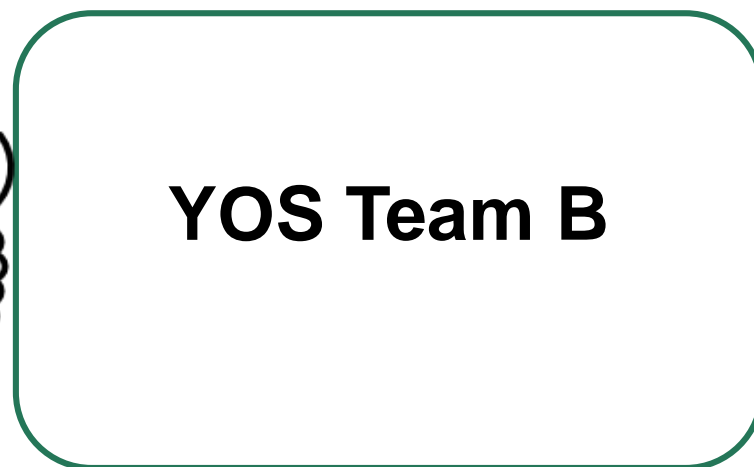
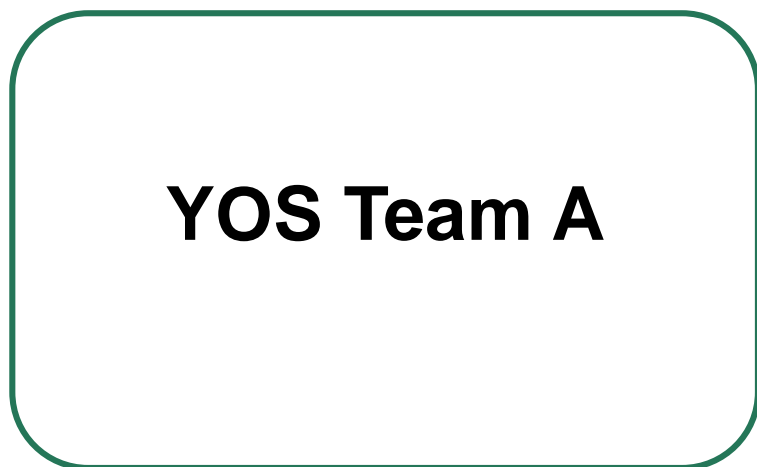
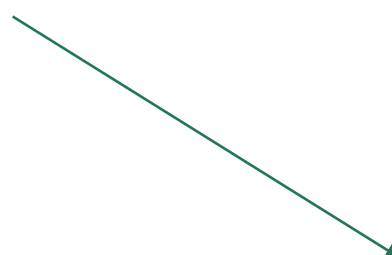
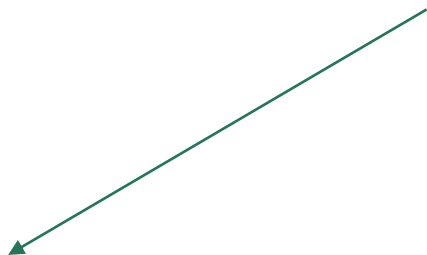
## Exemplar: A Local Authority's Youth Offending Service



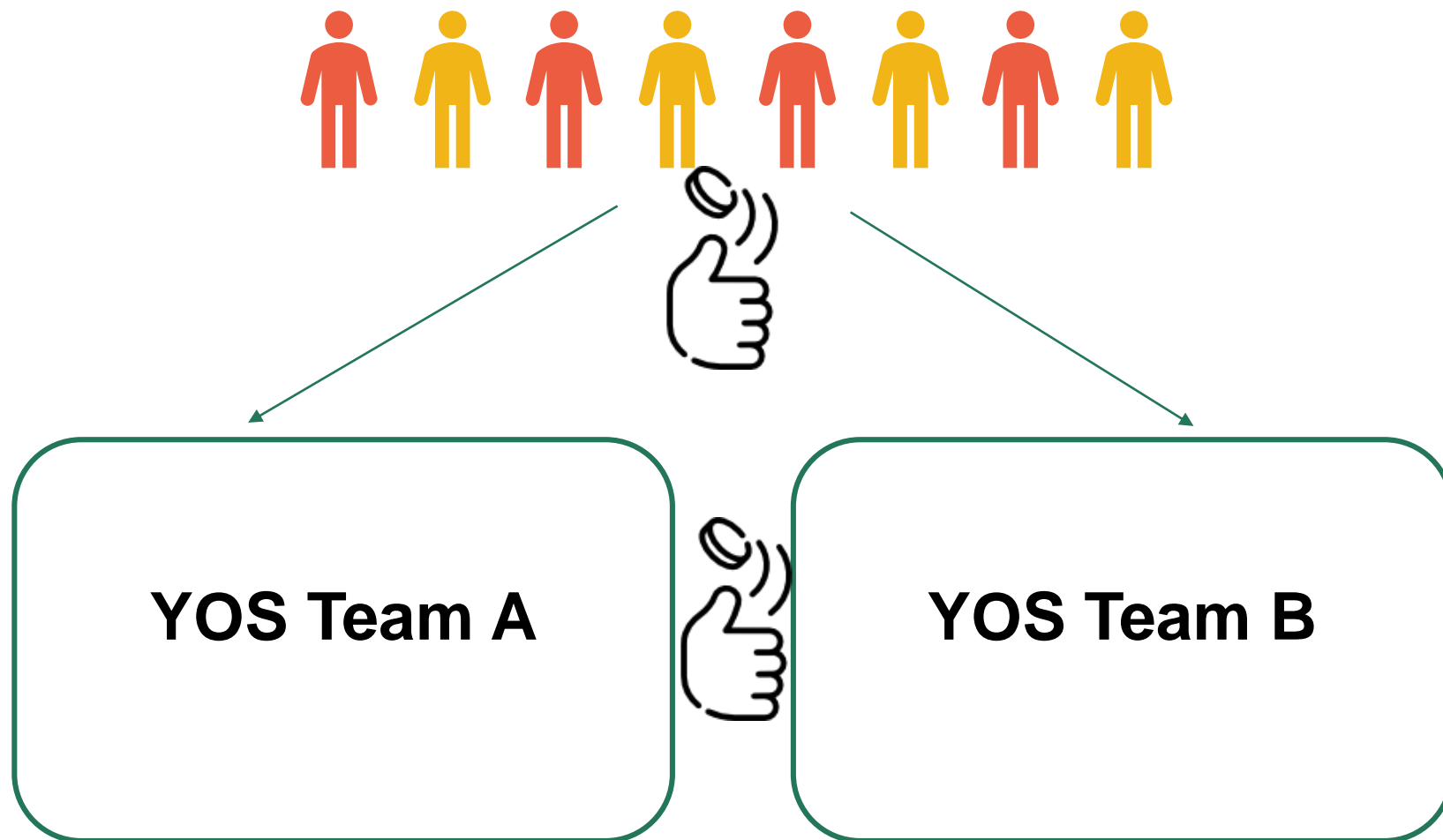
**YOS Team A**

**YOS Team B**

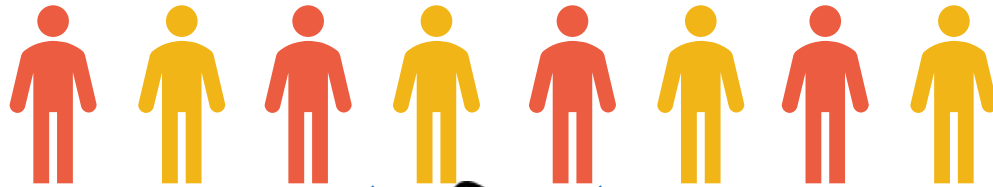
# Exemplar: A Local Authority's Youth Offending Service



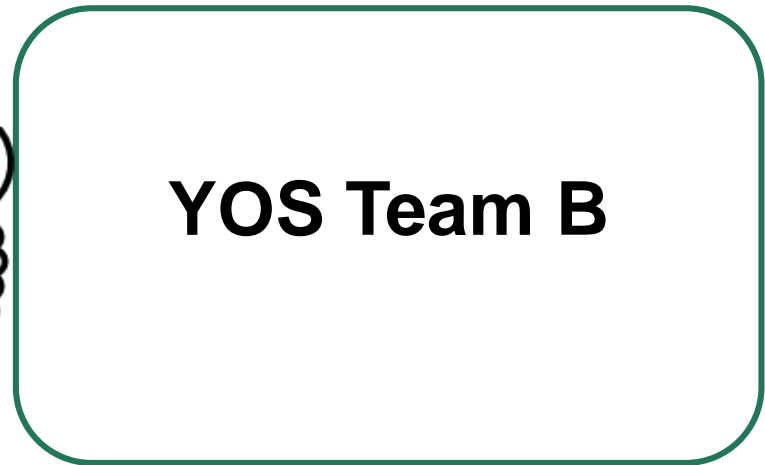
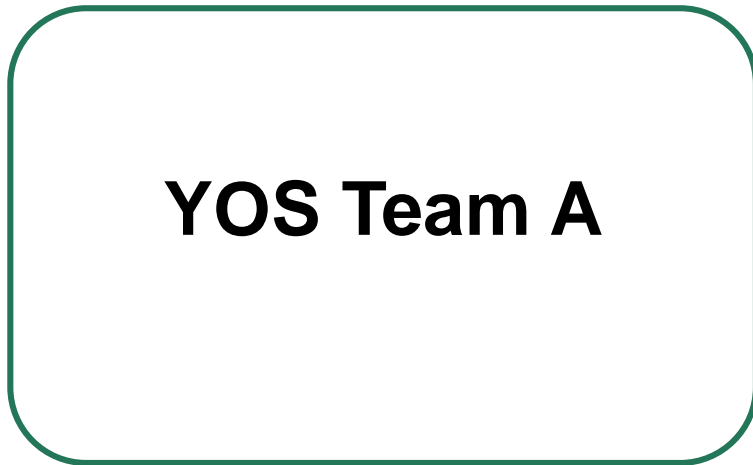
# Exemplar: A Local Authority's Youth Offending Service



# How is the trial designed?



Randomisation of YP into teams would be impractical and infeasible



# How is the trial designed?



Teams are working at capacity → natural randomization in the system that ensures good balance

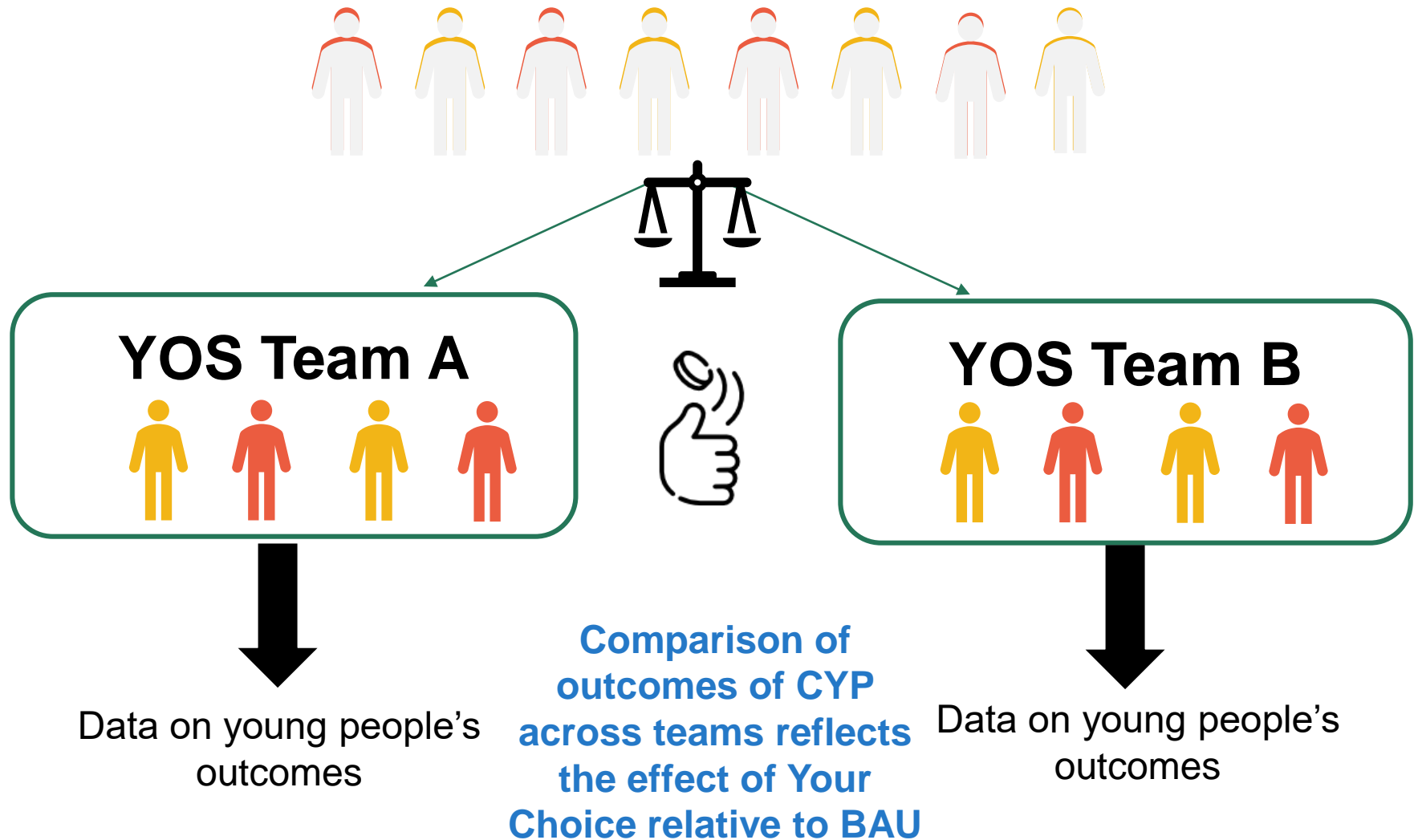


**YOS Team A**



**YOS Team B**

# Randomisation of teams + Natural allocation mechanism of CYP to teams = Robust evaluation





## 2 safeguarding processes to be aware of:

### 1. YEF must be informed of a safeguarding incident within 48 hours

- In serious cases involving rape, homicide, attempted murder
- When safeguarding allegation is made against staff member funded by the Project
- Where safeguarding incident happens during/on the premises of an activity in the project
- To report this incident, the practitioner must complete the [Safeguarding Reporting Incident form](#)

### 2. Local Authorities will be notified of any safeguarding concerns

- Safeguarding notifications will be triggered if a young person indicates to be at risk/pose a risk when completing the questionnaires
- Important that the young person is given the opportunity to speak with a trusted worker



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**Thank you for your attention!**

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