

THE LONDON YOUNG PEOPLE STUDY

Information Sheet for Parents of Young People Age 11-15

My name is Imran Rasul.

I am a Researcher and Professor.

I want to understand **how we can best support young people to keep safe and healthy.**

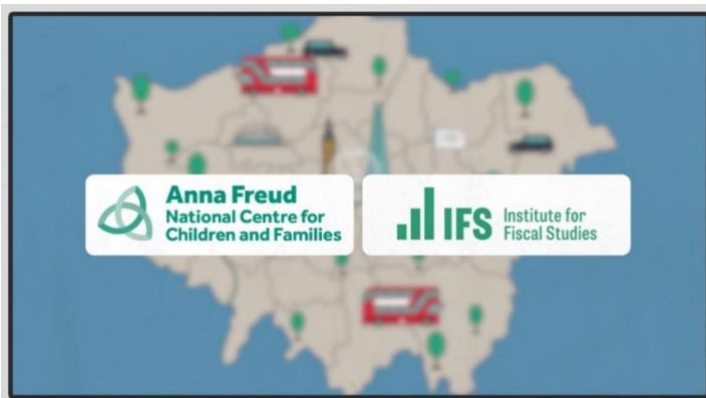
We would like you to help us.

This sheet is **to help you decide whether you would like your child to take part.** Before you decide take time to read this information.

If anything is unclear, please speak with the professional who has given you this information sheet, or email me at: LondonStudy@ifs.org.uk



Who are we?



We are based at the **Institute for Fiscal Studies** and the **Anna Freud Centre**.

I was born and raised in London, I want to try hard to find ways that help young people in London be safe and healthy.

All my team care about this project and believe it can help young people's lives.

In their work, they have seen how young people from certain groups are much less likely to be listened to. Meeting different groups will help how young people are supported by professionals and make sure support meets their needs.

Section 1: What is this study about and how does it work?

Your child has been asked to consider taking part in this study because they are:

- Age 11-18 years old and
- **Currently working with a practitioner** (for example, a youth worker, a social worker or a specialist worker) or a team of practitioners in your area.

Practitioners work with young people in lots of different ways. Some may offer to do different activities and meet with you more often than others. Some receive different training than others.



As part of this study, some practitioners in your area are receiving **new training to help to deliver a new programme.** We don't know whether **this programme works better** at supporting young people than the usual way of working. This is what we want to **find out in this study.**

To do that, we would like to **invite your child to take part in this study.** If they do:

- they will be supported by your practitioner in the way that their team is trained to work with young people
- we will ask them to complete some questionnaires about their feelings and behaviours at the beginning and end of the study.

At the end of the study, we will compare the feelings and behaviours of young people who worked with practitioners who received this new training and those who did not. This will help us learn whether this new programme works better than the usual way of working.

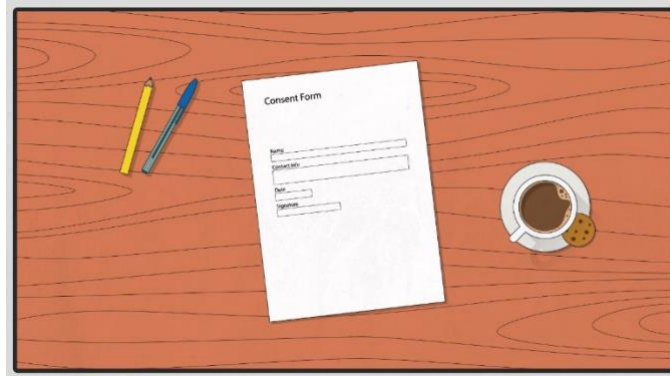
Does your child have to take part? Can you/they change your/their mind?

- **It is up to you and your child to decide whether to take part.** If you don't want to, your borough's youth practitioners **will still support your child.**
- **You and/or your child can change your/their mind and stop taking part at any time without telling us why.** Make sure that you or your child notify the practitioner you are working with or contact me.

The steps below tell you what happens if your child takes part:

1

We will ask your child to **complete a consent form** and give us their **name and contact information** (for children age 11-15, their parent/carer signs one too)



10 mins



2

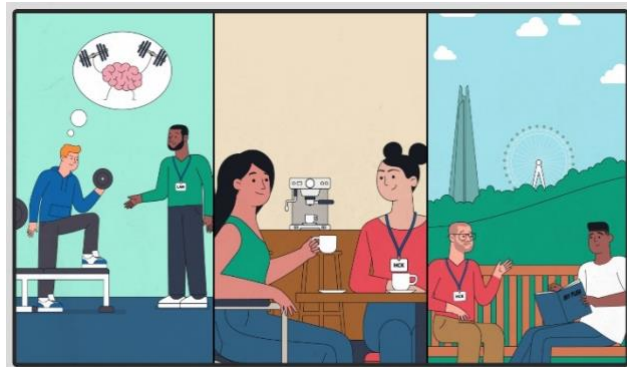
Your child fills out a **confidential questionnaire** about their feelings and behaviours. If they do, they will receive a **£10 voucher**.



15 mins

3

Your child will work with their practitioner



12 weeks



4

About four months after, we will ask your child to fill out another **confidential questionnaire** about their feelings and behaviours. If they do, they will receive a **£25 voucher**.



30 mins

5

If your child would like, they can also talk to a researcher about how they found working with their practitioner.

If they do, they will receive an additional **£10 voucher**.



30 mins

What will happen if your child talks to a researcher about their experience?

- It will be a one-to-one discussion for about 30 minutes.
- It can be online using Microsoft Teams or in person - **it is their choice.**
- If your child chooses to take part, we will record the discussion so we don't miss what they say.
- *The Transcription Service* will write up what they say - we will make sure they keep your child's data safe. **We will replace their name with a number and the recording will be deleted.**



Why should your child take part in the study?



- To thank them for completing the questionnaires, they'll receive **Love2Shop vouchers.**
- If they speak with a researcher, they will receive another **Love2Shop voucher.**
- By taking part, **they will help us understand what makes a difference for young people.** They may also find it rewarding to have their story heard as **this will help other young people to be supported by local authorities in the future.**
- If they are going through a tough time, please talk to their practitioner about whether this is the right time for them to be taking part in this study.
- Do remember that **they do not have to talk about anything that makes them feel upset or uncomfortable.**
- Please do contact me if you or your child would like to talk or they need a break at any time during the study. If you or they do not feel able to ask their practitioner or the researchers for help, we encourage you/your child to contact external support services such as:
 - *The Samaritans* (Tel. **116 123**, www.samaritans.org)
 - *Childline* (Tel. **0800 1111**, www.childline.org.uk)

Section 2: Your information and how it will be used

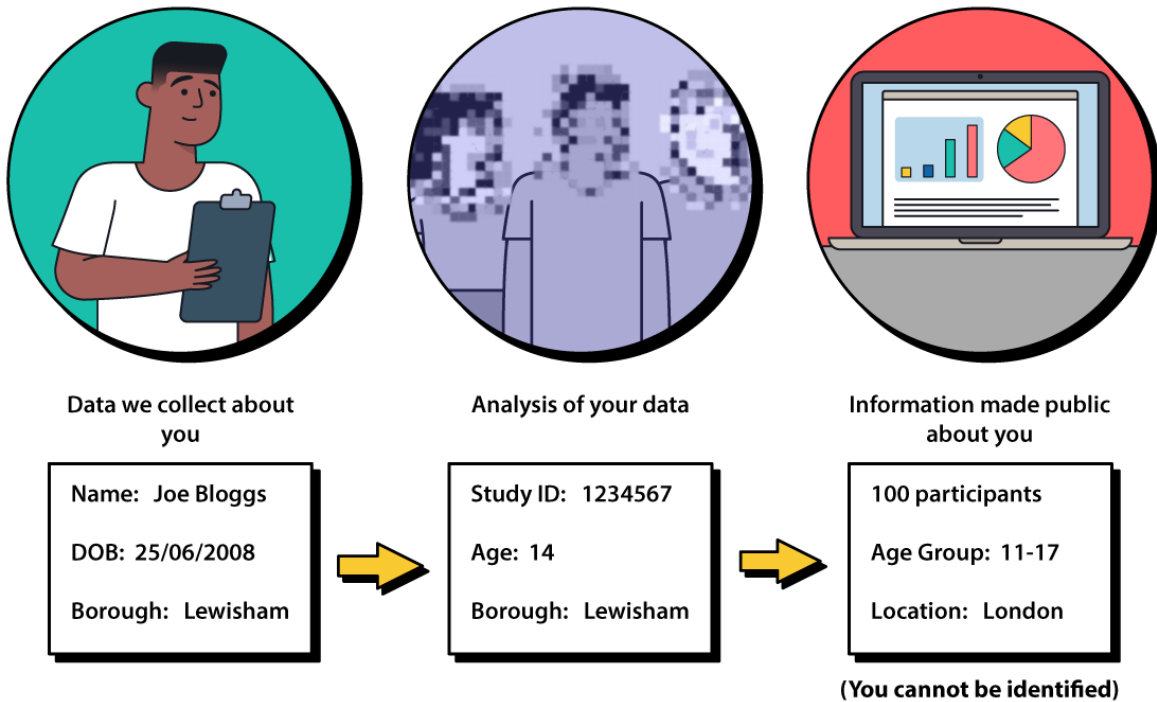
Note: The next section relates to how your and your child's information will be used in the study. We would strongly suggest that you go through this with your child's youth practitioner, and do not hesitate to ask any questions.

What information will we collect during the study?

- Your and your child's name and contact information in the consent forms
- Your borough will also tell us things like your child's **date of birth, gender, ethnicity, their sexual orientation, whether they have any special educational needs, whether they have a disability, whether they are looked after by the local authority, whether they are in education, employment or training, why and how your borough is supporting your child**
- We will ask your child to complete **two questionnaires about their feelings and behaviours** - once at the start and once at the end of the study
- We will ask your child's practitioner to tell us a bit about their meetings with your child, like:
 - if and when they had the meetings
 - what sort of work they did together
- We will also ask your child's practitioner to share your child's progress in keeping safe.

What will we do with the information that we collect?

- We will use this information to find out **which way works best** for youth practitioner to help young people keep safe and healthy.
 - To help with this, researchers will want to see your child's progress in the long term and will use information available with the **Department for Education** and the **Ministry of Justice**. **More information on this can be found in the sections below and in the privacy notice.**
- We will write about the results, **and reports will be free online**. In these reports, we will use the things that your child has said but **we will never use your child's name or any other information that might identify them**. No one will know that it is your child who has said them.



- If your child takes part, their conversations will be audio-recorded so that the researchers can remember everything that was said.

How will we keep your and your child's information safe?



- **No information collected as part of this study can be used by the police (or other law enforcement bodies), by the Home Office for immigration enforcement purposes or by anyone else for any purpose other than conducting the London Young People Study.**
- Most of your child's information is stored by the Institute for Fiscal Studies for the purposes of this project. They will be able to identify them in this information. The Institute for Fiscal Studies has strong measures in place to ensure that only the research team can see your information. Please read more below about requesting to delete this information if you want to.
- The only time someone **other than someone in the research team** will see your name alongside the information you give us in your questionnaire is if we need to share information with your practitioner, **to keep you or someone else safe.**
- If you talk to a researcher about your experience, the recording and write-up (transcript) of the discussion will be stored by the Anna Freud Centre. The recording will be deleted

once it has been written up. The Anna Freud Centre has strong measures in place to protect their data and the transcript will be kept for no longer than 9 months.

- After the study ends, some of your child's information will also be stored in an archive. Your child's identity is protected by replacing their name and other information with a number.
- There are strong measures in place to protect the information in this archive. This means **your child cannot be identified without their information being illegally linked back to their name and address.**
- You can find out more about how we will use your child's information and who it is shared with in the [privacy notice](#) accompanying this information sheet.

What if I want my and my child's information to be deleted?

- If you want us to remove your and/or your child's information, you can contact us and ask us to delete them.
- **Your child's questionnaire responses, which contain their personal information, will be kept by the IFS on an ongoing basis and can be deleted at any time.**
- However, it won't be possible to delete the information which will be stored in the archive because it will not be possible to identify your child. Therefore, if you wish for your child's data to be deleted, you need to do this **before 30th June 2025, when the study ends.**

Section 3: Other information - ethics, questions and complaints

- All research is looked at by an independent group of people, called a "Research Ethics Committee (REC)", to protect your interests and safety.
- **This research has been reviewed and approved by University College London Research Ethics Committee (reference number: 5115/014).**
- If you would like to see a summary of what we will have learned from the study, **please let us know and we will send this to you**, or check [our study webpage](https://ifs.org.uk/london-study) (ifs.org.uk/london-study)

- Please contact us if you have any **questions, problems or complaints** at LondonStudy@ifs.org.uk. Complaints will be dealt on a case-by-case basis following our Complaints Procedure for Research Participants posted on [our study webpage](#).
- If you want to take your complaint further, you can contact the Chair of the ethics committee at ethics@ucl.ac.uk