

THE LONDON YOUNG PEOPLE STUDY

Information Sheet for Young People

My name is Imran Rasul.

I am a Researcher and Professor.

I want to understand **how we can best support young people to keep safe and healthy.**

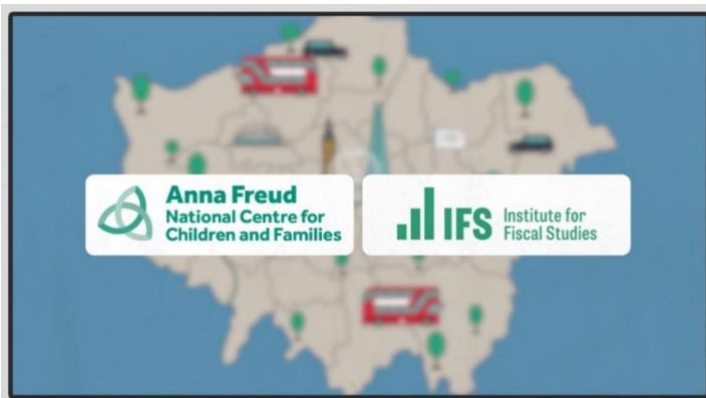
We would like you to help us.

This sheet is **to help you decide whether you would like to take part.** Before you decide take time to read this information.

If anything is unclear, **please speak with your parent or carer,** the professional who has given you this information sheet, or email me at: LondonStudy@ifs.org.uk



Who are we?



We are based at the **Institute for Fiscal Studies** and the **Anna Freud Centre.**

I was born and raised in London, I want to try hard to find ways that help young people in London be safe and healthy.

All my team care about this project and believe it can help young people's lives.

In their work, they have seen how young people from certain groups are much less likely to be listened to. Meeting different groups will help how young people are supported by professionals and make sure support meets their needs.

Section 1: What is this study about and how does it work?

You have been asked to consider taking part in this study because you are:

- Age 11-18 years old and
- **Currently working with a practitioner** (for example, a youth worker, a social worker or a specialist worker) or a team of practitioners in your area.

Practitioners work with young people in lots of different ways. Some may offer to do different activities and meet with you more often than others. Some receive different training than others.



As part of this study, some practitioners in your area are receiving **new training to help to deliver a new programme.** We don't know whether **this programme works better** at supporting young people than the usual way of working. This is what we want to **find out in this study.**

To do that, we would like to **invite you to take part in this study.** If you do:

- you will be supported by your practitioner in the way that their team is trained to work with young people
- we will ask you to complete some questionnaires about your feelings and behaviours at the beginning and end of the study.

At the end of the study, we will compare the feelings and behaviours of young people who worked with practitioners who received this new training and those who did not. This will help us learn whether this new programme works better than the usual way of working.

Do you have to take part? If you take part, can you change your mind?

- **It is up to you** (and your parent/carer if you are age 11-15) to decide whether to take part. If you don't want to, your borough's youth practitioners **will still support you.**
- **You can change your mind and stop taking part at any time without telling us why.** Make sure that you (or your parent/guardian) notify the practitioner you are working with or contact me.

The steps below tell you what happens if you decide to take part:

1

We will ask you to **complete a consent form** and give us **your name and contact information** (if you are 11-15, your parent/carer signs one too)



10 mins



2

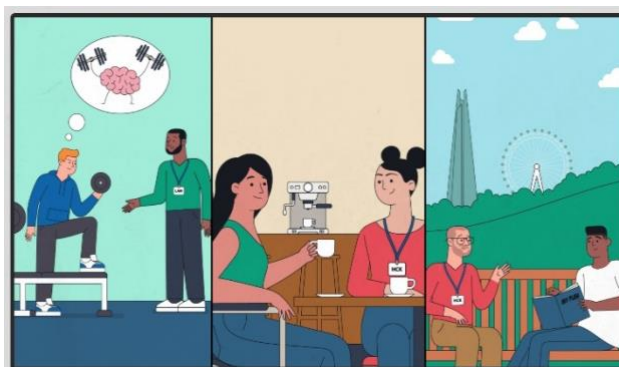
You fill out a **confidential questionnaire** about **your feelings and behaviours**.
If you do, you will receive a **£10 voucher**.



15 mins

3

You will work with your practitioner



12 weeks

4

About four months after, we will ask you to fill out another **confidential questionnaire** about **your feelings and behaviours**.
If you do, you will receive a **£25 voucher**.



30 mins



5

If you would like, you can also talk to a researcher about how you found working with your practitioner.

If you do, you will receive an **additional £10 voucher**.



30 mins

What will happen if you talk to a researcher about your experience?

- It will be a one-to-one discussion for about 30 minutes.
- It can be online using Microsoft Teams or in person - **it is your choice.**
- If you choose to take part, we will record the discussion so we don't miss what you say.
- *The Transcription Service* will write up what you say - we will make sure they keep your data safe. **We will replace your name with a number and the recording will be deleted.**



Why should I take part in the study?



- To thank you for completing the questionnaires, you'll receive **Love2Shop vouchers.**
- If you speak with a researcher you will receive another **Love2Shop voucher.**
- By taking part, **you will help us understand what makes a difference for young people.** You may also find it rewarding to have your story heard as **this will help other young people to be supported by local authorities in the future.**
- If you are going through a tough time, please talk to your practitioner about whether this is the right time for you to be taking part in this study.
- Do remember that **you do not have to talk about anything that makes you feel upset or uncomfortable.**
- Please do contact me if you would like to talk or need a break at any time during the study. If you do not feel able to ask your practitioner or the researchers for help, we encourage you to contact external support services such as:
 - *The Samaritans* (Tel. **116 123**, www.samaritans.org)
 - *Childline* (Tel. **0800 1111**, www.childline.org.uk)

Section 2: Your information and how it will be used

Note: The next section relates to how your information will be used in the study. We would strongly suggest that you go through this with your youth practitioner, and do not hesitate to ask any questions.

What information will we collect during the study?

- Your name and contact information in the consent form
- Your borough will also tell us things like your **date of birth, gender, ethnicity, your sexual orientation, whether you have any special educational needs, whether you have a disability, whether you are looked after by the local authority, whether you are in education, employment or training, why and how you are supported by your borough**
- We will ask you to complete **two questionnaires about your feelings and behaviours** - once at the start and once at the end of the study
- We will ask your practitioner to tell us a bit about your meetings with them, like:
 - if and when you had the meetings
 - what sort of work you did together
- We will also ask your practitioner to share your progress in keeping safe.

What will we do with the information that we collect?

- We will use this information to find out **which way works best** for youth practitioner to help young people keep safe and healthy.
 - To help with this, researchers will want to see your progress in the long term and will use information available with the **Department for Education** and the **Ministry of Justice**. **More information about this can be found in the sections below and in the privacy notice.**
- We will write about the results, **and reports will be free online**. In these reports, we will use the things that you have said but **we will never use your name or any other information that might identify you**. No one will know that it is you who has said them.



Data we collect about you

Name: Joe Bloggs
DOB: 25/06/2008
Borough: Lewisham



Analysis of your data

Study ID: 1234567
Age: 14
Borough: Lewisham



Information made public about you

100 participants
Age Group: 11-17
Location: London

(You cannot be identified)

- If you take part, your conversations will be audio-recorded so that the researchers can remember everything that was said.

How will we keep your information safe?



- No information collected as part of this study can be used by the police (or other law enforcement bodies), by the Home Office for immigration enforcement purposes or by anyone else for any purpose other than seeing how well the London Young People Study has worked.

- Most of your information is stored by the Institute for Fiscal Studies for the purposes of this project. They will be able to identify you in this information. The Institute for Fiscal Studies has strong measures in place to ensure that only the research team can see your information. Please read more below about requesting to delete this information if you want to.
- The only time someone other than someone in the research team will see your name alongside the information you give us in your questionnaire is if we need to share information with your practitioner, to keep you or someone else safe.
- If you talk to a researcher about your experience, the recording and write-up (transcript) of the discussion will be stored by the Anna Freud Centre. The recording will be deleted

once it has been written up. The Anna Freud Centre has strong measures in place to protect your data and the transcript will be kept for no longer than 9 months.

- After the study ends, some of your information will also be stored in an archive. Your identity is protected by replacing your name and other information with a number.
- There are strong measures in place to protect the information in this archive. This means **you cannot be identified without your information being illegally linked back to your name and address.**
- You can find out more about how we will use your information and who it is shared with in the [privacy notice](#) accompanying this information sheet.

What if I want my information to be deleted?

- If you want us to remove your information, you can contact us and ask us to delete them.
- **Your survey responses, which contain your personal information, will be kept by the IFS on an ongoing basis and can be deleted at any time.**
- However, it won't be possible to delete the information which will be stored in the archive because it will not be possible to identify you. Therefore, if you wish for your data to be deleted, you need to do this **before 30th June 2025, when the study ends.**

Section 3: Other information - ethics, questions and complaints

- All research is looked at by an independent group of people, called a “Research Ethics Committee (REC)”, to protect your interests and safety.
- **This research has been reviewed and approved by University College London Research Ethics Committee (reference number: 5115/014).**
- If you would like to see a summary of what we will have learned from the study, **please let us know**, or check [our study webpage](https://ifs.org.uk/london-study) (ifs.org.uk/london-study)
- Please contact us if you have any **questions, problems or complaints** at LondonStudy@ifs.org.uk. Complaints will be dealt on a case-by-case basis following our Complaints Procedure for Research Participants posted on [our study webpage](#)
- If you want to take your complaint further, you can contact the Chair of the ethics committee at ethics@ucl.ac.uk