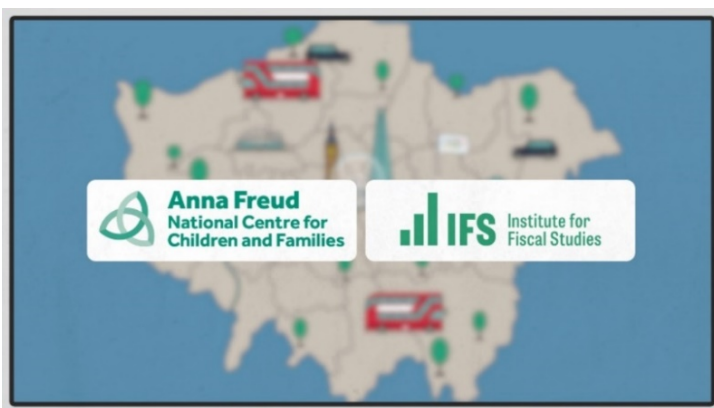


# THE LONDON YOUNG PEOPLE STUDY

## Information Sheet for Practitioners

The London Young People Study (LYPS) wants to understand **how we can best support young people to keep safe and healthy**. This sheet is **to help you understand how your data will be used in order to help us do this**. If anything is unclear please email us at: [LondonStudy@ifs.org.uk](mailto:LondonStudy@ifs.org.uk)

### Who are we?



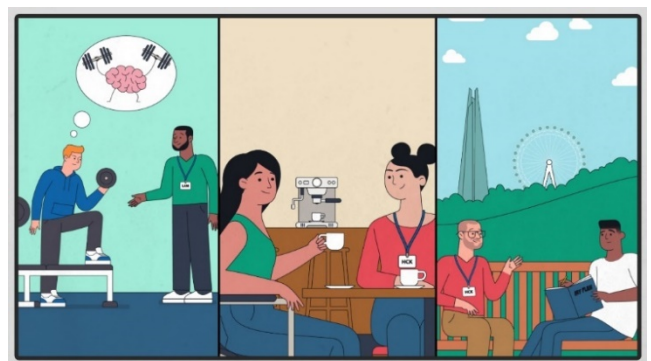
We are a group of researchers based at the **Institute for Fiscal Studies** and the **Anna Freud Centre**. In our work, we have seen how young people from certain groups are much less likely to be listened to. Meeting different groups will help how young people are supported by professionals and make sure support meets their needs.

### Section 1: What is this study about and how does it work?

When you meet with a young person, the goal is always to **support them to keep them safe and healthy**. You probably already have different ways of doing this.

In this study, we would like to test whether a new way of working with young people is **better, worse, or the same** as the usual way of working with them.

In order to evaluate this, we have randomly assigned one or several teams in your local authority to be trained in this new way of working. We will collect information on the young



people assigned to work with practitioners in these teams and compare them to data we are collecting on the young people assigned to one or more teams that did not get the training.

This new way of working will enable trained practitioners to teach the young person new skills in the brain gym. The brain gym helps people with their thoughts and feelings which can change how they behave and help them to achieve their goals.



Practitioners trained in this new way of working will aim to meet with the young person 3 times a week for 12 weeks. This may be more often than you would have interacted with the young people you support.

Collecting information on the young people supported by untrained teams not only provides us with a suitable benchmark to compare this new way of working to but will also help us build a valuable set of information on “business as usual” provision across all London Boroughs.

### Who is being invited to take part?

Each Local Authority has selected a number of teams to participate in the London Young People Study (with one or several of these teams being trained now and the other teams being trained in the future). Young people assigned to these teams are invited to take part in the study if:

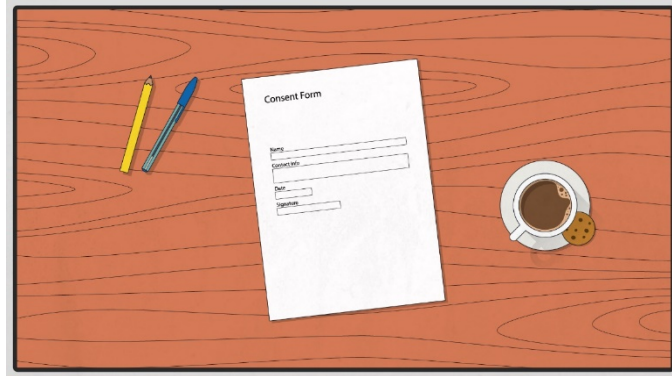
- They are between **11-18 years old** and
- They have been **assessed medium to high risk**, and this assessment has been confirmed by their practitioner’s manager and validated by a multi-agency panel or equivalent in last 30 days

**The young person can change their mind and stop taking part at any time without telling us why.** To do this, the young person must email us ([LondonStudy@ifs.org.uk](mailto:LondonStudy@ifs.org.uk)) or let their practitioner know so that the practitioner can notify us via the study’s website-based application.

As the main trusted point of contact with young people, practitioners play a key role in the recruitment of young people. Recruitment follows several steps outlined on the next page.

## Follow the following steps for each young person you recruit:

- 1** Collect a signed consent form with young person and practitioner details (if the young person is 11-15, collect parent/carer consent too)



10 mins

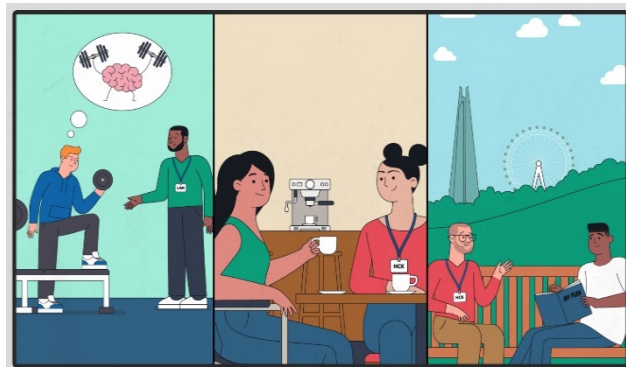


- 2** Help the young person fill out a confidential questionnaire about their feeling and behaviours AND complete the practitioner questionnaire about the young person.



15 mins

- 3** You will either work with the young person in the usual way or you will follow the new approach. During this time, you will complete a session form every time you meet with the young person.



12 weeks



- 4** About four months after, we will ask both the young person and practitioner to fill out another confidential questionnaire about the young person.



30 mins

## Section 2: Your information and how it will be used

### What information will you provide during the study?

The only information we collect on **you** is your name and contact information in the consent forms.

We will ask you to complete **two questionnaires about your perception of the safety of each young person** you recruit (one at recruitment and one about 15-20 weeks later)

- If you recruited a young person but are no longer their lead practitioner by the time of the endline questionnaire, we will ask the lead practitioner to complete it. We may ask for your help in getting in touch with this person.
- We will ask you to tell us a bit about your sessions with them, like:
  - if and when you had the meetings
  - what sort of work you did together
  - how engaged was the young person during the session

### What will we do with the information that we collect?

- We will use this information to find out whether the young people who worked with their practitioner following the new approach do **better, worse or the same**, compared to the young people who work in the usual way.
- We will also use the information provided by untrained, “business as usual”, practitioners to learn about the **characteristics** of young people and the **services** they receive across all London Boroughs
- We will write about the results, **and reports will be free online**. In these reports, we will use the things that you, and the young person, have said but **we will never use your names or any other information that might identify you**. No one will know that it is you who said them.
- This information will never identify you and assess the work that individual practitioners do with young people.

## How will we keep your information safe?



- No information collected as part of this study can be used by the police (or other law enforcement bodies), by the Home Office for immigration enforcement purposes or by anyone else for any purpose other than seeing how well the London Young People Study has worked.

- Your information will be stored by the Institute for Fiscal Studies for the purposes of this project. They will be able to identify you in this information. The Institute for Fiscal Studies has strong measures in place to ensure that only the research team can see your information.
- After the study ends, all data will be placed in a secure archive and all personal details of the practitioner and young person will be removed and replaced with a **number**.
- There are strong measures in place to protect the information in this archive. This means you cannot be identified without your information being illegally linked back to your name.

You can find out more about how we will use your information and who it is shared with in the [privacy notice](#) accompanying this information sheet.

### Section 3: Other information - ethics, questions and complaints

- All research is looked at by an independent group of people, called a “Research Ethics Committee (REC)”, to protect your interests and safety.
- This research has been reviewed and approved by University College London Research Ethics Committee (reference number: 5115/014).
- If you would like to see a summary of what we will have learned from the study, **please let us know and we will send this to you**, or check [our study webpage](https://ifs.org.uk/london-study) (<https://ifs.org.uk/london-study>)
- Please contact us if you have any questions, problems or complaints at: [LondonStudy@ifs.org.uk](mailto:LondonStudy@ifs.org.uk)
- If you want to take your complaint further, you can contact the Chair of the ethics committee at [ethics@ucl.ac.uk](mailto:ethics@ucl.ac.uk)