Your Choice Logic Model

Target
Who is the intervention for?

- 11-17 y/o at commencement
- Living in London
- Referred into multi-agency risk panel
- Medium/ High risk

Intervention
What is the intervention?

- 5 days' training for youth workers
- Clinical and peer supervision
- 3 x weekly meeting with CYP for 12 weeks
- Coach to guide self understanding
- Authentic, trusting relationship - safe space for youth
- CBT informed tools and techniques, such as goal setting

Change Mechanisms
How and why does your intervention work?

- ↑ engagement with workers
- ↑ motivation to change
- ↑ engagement with family
- ↑ help-seeking behaviour
- ↑ progress toward goals
- ↑ prosocial identity

Outcomes
What difference will it make?

- ↓ Emotional and behavioural difficulties
- ↓ crime and violence
- ↑ prosocial behavior
- ↑ attitudes/ activities to education, employment training
- ↑ wellbeing

Contextual Factors
What factors will influence the change process?

- Availability of statutory services
- CYP's previous experience of services
- Economic disadvantage
- Multiple needs
- Levels of crime and violence in the local area
- Ability of services to engage CYP with different needs
- Engagement of parents/carers
- Marginalised groups